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TO RUMIAAA/HQ USSOUTHCOM J5 MIAMI FL
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UNCLAS BRIDGETOWN 000207

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E.O. 12958: N/A
TAGS: [ASEC](#) [OTRA](#) [BB](#) [XL](#)
SUBJECT: COUNTRY CLEARANCE FOR TRAVEL TO BARBADOS AND
ANTIGUA AND BARBUDA

REF: WARD/GAUDE EMAIL 01/30/06

11. AmEmbassy Bridgetown grants country clearance to
LTG H Steven Blum, Chief National Guard Bureau (CNGB),
Dr. John Finney, POLAD to Chief NGB, Major Joseph
Reale, Executive Officer and Aide to the Chief NGB,
Major Philip Johnson, National Guard Bureau-J5/IA
SOUTHCOM Desk Chief and Mrs. Susan Blum, Spouse of
Chief, National Guard Bureau for travel to Barbados
February 02 - 04, 2006. The purpose of this mission is
for LTG H Steven Blum to brief the State Partnership
Program to Ambassador Kramer and USMILGRP Commander,
CDR Peter Kilfoyle.

12. Understand Embassy assistance is required. Hotel and
transportation arrangements will be coordinated through
USMLO Barbados. Point of contact is CDR Peter Kilfoyle,
Chief, Military Liaison Office, (246) 436-4950, ext
12300.

13. Entry requirements: A valid U.S passport is required
to enter Barbados. No Visa is required if your stay is
under six months, including those travelers arriving
with diplomatic or official passports.

14. Departure tax for Barbados is \$25.00 BDS or \$15.00
USD.

15. The following is general information pertaining to
security and health considerations throughout the
Eastern Caribbean:

Security

In the Eastern Caribbean, foot travel outside of
well-established tourist areas is not generally
recommended, especially at night. Be vigilant when
using public telephones or ATM facilities near
roadsides or quiet areas. As in many U.S. metropolitan
areas, wearing expensive jewelry, carrying expensive
objects, or carrying large amounts of cash should be
avoided. Visitors should also safeguard valuables
while at the beach. While hotels are generally safe,
many visitors have experienced loss of unattended
items. Hotel burglaries are not uncommon and all
valuables should be locked in room safes if possible.

Health information

Throughout the Eastern Caribbean, the most likely
threat to a visitor's health is sunburn. It takes
several weeks to become accustomed to the heat and
humidity. Prolonged exposure to the sun, without
protection, causes sunburn, and may ultimately result
in sun-damaged skin or even skin cancer. Sunscreens
should be used for protection. In Barbados, St. Lucia
and St. Vincent, the major health threat is dengue

fever, transmitted by the aedes aegypti mosquito. Dengue cases are most often seen in the summer months. Persons should therefore protect themselves with insect repellent. There is also a growing number of HIV/AIDS cases reported. The Eastern Caribbean enjoys clean and safe drinking water. Only routine boosters for immunizations (i.e. tetanus, diphtheria, pertussis and oral polio vaccine) are required when traveling to this region. Barbados has the best medical facilities of all the islands in the region and most of the medical specialties have practitioners here.

KRAMER